

**Humber Men in Sheds Alliance Newsletter**

**Edition 12 January 2023**

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***Dear Shedders.***

***We hope you all had an excellent Christmas and here's a Huge Happy 2023 to you all, let's hope it will be a good one!***

**From *Carole, Emma and Kerry***

**Blade Sharpening offer**

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Do you need any saw blades sharpening (8-10ins)?  
Scunthorpe shed have invested in a new machine for sharpening blades and have asked If Humber Men in Sheds Alliance member sheds want this service to get in contact with them.  
Scunthorpe Shed based in Kimberly Performing Arts School, Enderby Road, Scunthorpe, DN17 2JL  
Opening Times: Tuesday, Wednesday, Thursday 10am to 2.30pm  
Contact: 07981031449 Email: [scunthorpe.mensshed@virginmedia.com](mailto:scunthorpe.mensshed@virginmedia.com)

**Funding News**

National Energy Action  (NEA) have provided the links below for funding streams that may be able to provide funding for Energy  related costs at the shed :

<https://www.tnlcommunityfund.org.uk/>

<https://www.turn2us.org.uk/>

<https://www.groundwork.org.uk/apply-for-a-grant/>

<https://www.tworidingscf.org.uk/fund/hull-activity-grants/>

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| |  |  |  | | --- | --- | --- | | |  | | --- | |  | | **Beecan funding**  To apply for grants on Smile's free funding portal, Beecan,  members will need to log in. If you're not a member you'll need to register in order to apply.  [R](https://heysmilefoundation.us3.list-manage.com/track/click?u=a3292329affa383a2d83cf2ca&id=3c040ead01&e=268e1ef6fc)[egister now](https://heysmilefoundation.us3.list-manage.com/track/click?u=a3292329affa383a2d83cf2ca&id=886c29ccca&e=268e1ef6fc).If you need any support with the process you can watch a video Beecan Registration Guide [here](https://heysmilefoundation.us3.list-manage.com/track/click?u=a3292329affa383a2d83cf2ca&id=4a3ef75228&e=268e1ef6fc) - or if you'd prefer to chat please, [contact the team](mailto:mailto:community@heysmilefoundation.org?subject=Help%20registering%20on%20Beecan) for help.  **Health in our Communities Grants £500 to £2k**  This grant is live on Beecan. Supporting projects in Hull and East Riding that aim to reduce health inequalities, improve self-management of care and support volunteer opportunities that improve health and wellbeing within communities. Funding kindly provided by Hull & East Riding CCG. | |  |  | | --- | |  |   **Other Funding & Financial support news**   |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | Cost of Living advice now on one dedicated website  East Riding Council has a dedicated site to help you easily navigate all the advice and support available from government, council and support provided by the VCSE sector. Visit the Cost of Living - Support for Households' site [here](https://heysmilefoundation.us3.list-manage.com/track/click?u=a3292329affa383a2d83cf2ca&id=5d05904e5d&e=268e1ef6fc).  Where to apply for Welcoming Spaces funding?  As well as ERYC's Welcoming Places community grant, there are many other funding sources available to help support groups running existing schemes or wishing to set up new hubs - many funders have relaxed their usual criteria for applications. We've pulled this information together for you to make searching for support a little easier. [VCSE Portal](https://heysmilefoundation.us3.list-manage.com/track/click?u=a3292329affa383a2d83cf2ca&id=41fd045784&e=268e1ef6fc)    Rural Grants - Wind Farm Funding  Browse through the wind farm funds to see if you could benefit. Criteria has been relaxed to take into account the rising cost of living affecting our communities  Find out more [here](https://heysmilefoundation.us3.list-manage.com/track/click?u=a3292329affa383a2d83cf2ca&id=e29fbd766d&e=268e1ef6fc)  Co-op Warm Spaces Boost up to £3k available  If you are welcoming people into your warm space or extending your service to support more people with vital services you could be eligible to apply for this matched funding. Find out more [here](https://heysmilefoundation.us3.list-manage.com/track/click?u=a3292329affa383a2d83cf2ca&id=f2991deba7&e=268e1ef6fc)  East Riding 4 Community free funding search portal  Sign up to join East Riding 4 Community portal to search for national, regional and local grants plus the ability to sign up to customised funding alerts so you don't miss any deadlines for funding that's right for you. If you have the time please complete the short 5 question survey asking for your views on the site.  Sign up [now](https://heysmilefoundation.us3.list-manage.com/track/click?u=a3292329affa383a2d83cf2ca&id=81adbae22c&e=268e1ef6fc). | | |   **Free resources and training**   |  | | --- | |  |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | Advice to help you stay well this winter  The latest advice released from Humber & North Yorkshire Health and Care Partnership to help people stay safe and well this winter  - [Patient Advice](https://heysmilefoundation.us3.list-manage.com/track/click?u=a3292329affa383a2d83cf2ca&id=460b082a0b&e=268e1ef6fc)  Importance of Wellbeing Toolkit  Community First Yorkshire has developed a FREE toolkit to raise awareness of the importance of wellbeing and share useful ways to improve the health and wellbeing of our sector. Find out more [here](https://heysmilefoundation.us3.list-manage.com/track/click?u=a3292329affa383a2d83cf2ca&id=3c1b3792a3&e=268e1ef6fc)  Free health and wellbeing App for VCSE staff to download  The app places everything you need to take care of your wellbeing in one place. Join challenges, gain awards, build healthy habits and access a range of self-help tools and podcasts. [Download this flyer to find out more](https://heysmilefoundation.us3.list-manage.com/track/click?u=a3292329affa383a2d83cf2ca&id=bc4fc8877b&e=268e1ef6fc).  Last chance to sign up to The Smile Trustee Academy  Inspiring two-hour sessions covering a range of topics to prepare people to become outstanding Trustees for Hull and East Yorkshire. Quality Trustees are vital to the success of a charity we need for more outstanding Trustees to support charities across our local area.   Find out more about how you can sign up to join this free online face to face training starting in Janaury [here](https://heysmilefoundation.us3.list-manage.com/track/click?u=a3292329affa383a2d83cf2ca&id=04ae03151f&e=268e1ef6fc).  Forecasting your year: How to financially plan ahead  Two Ridings Foundation has arranged a number of drop in sessions in the new year, including this session to help you financial plan ahead. Find out how to sign up and more details [here](https://heysmilefoundation.us3.list-manage.com/track/click?u=a3292329affa383a2d83cf2ca&id=bfda8c34df&e=268e1ef6fc).     East Riding of Yorkshire Council training for setting up warm spaces  Training you may find useful if you're setting up a warm space. [Awareness of Mental Health Problems - Level 2 Certificate - elearning](https://heysmilefoundation.us3.list-manage.com/track/click?u=a3292329affa383a2d83cf2ca&id=4d3b994982&e=268e1ef6fc)  [Dementia awareness - eLearning (eastriding.gov.uk)](https://heysmilefoundation.us3.list-manage.com/track/click?u=a3292329affa383a2d83cf2ca&id=b53d22a1fb&e=268e1ef6fc)  [Health and safety in the workplace - eLearning (eastriding.gov.uk)](https://heysmilefoundation.us3.list-manage.com/track/click?u=a3292329affa383a2d83cf2ca&id=135e0d68e6&e=268e1ef6fc)    Free assessment for people at risk of fire  Humber fire service offer an assessment and may provide free smoke alarms for those people at risk of fire. If you have anyone you're concerned about, please make sure you obtain their permission before referring them through.  Find out more about this service [here](https://heysmilefoundation.us3.list-manage.com/track/click?u=a3292329affa383a2d83cf2ca&id=c2a72f88aa&e=268e1ef6fc). | | |   Community Champions Summer 2023 Applications.  The moment we’ve been waiting for is finally here…  Community Champions Summer 2023 applications are now open 🎉 [Support For Community Groups | Find Out More | Lincolnshire Co-op](https://www.lincolnshire.coop/community/community-champions/support-for-community-groups)  Please note the closing date for applications is Friday 17th February 2023 So don’t delay… if you need support, I’m here just drop me a line!  **Energy Redress Scheme – Energy Saving Trust**  Energy Saving Trust has been appointed by Ofgem to distribute payments from energy companies who may have breached rules. The funds can pay for anything from making a home more energy efficient, to providing advice that helps consumers keep on top of their bills.  Energy Saving Trust has developed an open application process for charities seeking funding from the Energy Redress Scheme. Successful projects will be selected with input from an independent panel of experts and could cover a range of locations across England, Scotland and Wales.  The amount of funding available through the scheme varies throughout the year and will be reviewed on a quarterly basis in October, January, April and July. Eligible charities that have registered interest in the scheme will be notified when funds become available.  The minimum grant that can be requested is £20,000 and the maximum amount is the lesser of £2 million or the total value of the current fund.  The scheme can fund projects lasting up to two years, can fund 100 per cent of the project cost and can cover revenue and capital measures.  Round 13 of the Energy Redress Scheme is expected to open shortly. The previous round included the following elements:   * The Main Fund aimed at projects seeking grants between £50,000 and £750,000 that will support energy consumers in vulnerable situations. * The Small Project Fund aimed at projects seeking grants of between £20,000 and £49,999 that will support energy consumers in vulnerable situations. * Innovation Fund aimed at projects that will develop innovative products or services to benefit energy consumers. Applicants can apply for grants between £50,000 and £500,000. * Carbon Emissions Reduction Fund is targeted at projects that can help domestic energy consumers participate in the just transition to Net Zero CO2 emissions. The fund awards grants between £50,000 and £500,000.   <https://energyredress.org.uk/apply-funding>  Awards for All, Reaching Communities and Partnerships – The National Lottery Community Fund  The National Lottery Community Fund is open to all applications that meet their criteria, including support during COVID-19. With the COVID-19 pandemic still with us, they'll continue to support people and communities most adversely impacted by COVID-19. They can support you to:   * continue to deliver activity, whether you're supporting your existing users, responding to the immediate crisis or undertaking recovery activity * change and adapt, becoming more resilient in order to respond to new and future challenges.   The Awards for All programme can provide between £300 and £10,000 for up to one year. The Reaching Communities programme offers larger amounts of funding (over £10,000) for up to 5 years. The Partnerships programme also offers a larger amount of funding (over £10,000) for organisations that work together with a shared set of goals to help their community thrive – whether that’s a community living in the same area, or people with similar interests or life experiences.  <https://www.tnlcommunityfund.org.uk/funding/covid-19/learn-about-applying-for-emergency-funding-in-england>  **Small Grants Scheme – Foyle Foundation**  This Small Grants Scheme is designed to support charities registered and operating in the United Kingdom, especially those working at grass roots and local community level, in any field, across a wide range of activities.  Online applications can be accepted from charities that have an annual turnover of less than £150,000 per annum. Larger or national charities will normally not be considered under this scheme.  The focus will be to make one-year grants only to cover core costs or essential equipment, to enable ongoing service provision, homeworking, or delivery of online digital services to charities that can show financial stability.  The priority will be to support local charities still active in their communities which are currently delivering services to the young, vulnerable, elderly, disadvantaged or the general community either directly or through online support if possible.  Grants are available between £2000 and £10,000.  [Small Grants Scheme - (foylefoundation.org.uk)](http://www.foylefoundation.org.uk/small-grants-scheme/)  **Morrisons Foundation**  The Morrisons Foundation awards grant funding for charity projects which make a positive difference in local communities. From support groups to children’s hospitals and homeless shelters to hospices, the grants aim to provide vital funding for good causes across England, Scotland and Wales.  In the main grants are available to fully fund projects up to £25,000.  [Morrison Foundation Making a difference to people's lives (morrisonsfoundation.com)](https://www.morrisonsfoundation.com/)  Gigabit Broadband Voucher Scheme – Department for Digital, Culture, Media & Sport  The Government is providing up to £210m worth of voucher funding as immediate help for people suffering from slow broadband speeds in rural areas.  Vouchers worth up to £1,500 for homes and £3,500 for businesses help to cover the costs of installing gigabit broadband to people’s doorsteps.  You can check whether your premises is eligible for a voucher, find a list of registered suppliers, and see those who are active in your area on the website below.  <https://gigabitvoucher.culture.gov.uk/>  **Garfield Weston Foundation**  The Foundation supports UK registered charities working within the UK in the areas of Welfare, Youth, Community, Arts, Faith, Environment, Education, Health and Museums & Heritage.  The Foundation awards grants for Capital, Project and Revenue costs. Where they already have a funding history with you, the Trustees may consider a multi-year request for up to three years, provided you can demonstrate that a longer term commitment will add value to your organisation’s objectives.  There are no deadlines for applications under £100,000. Grants above this level are reviewed at one of 8 board meetings a year.  [Grant Programmes - Garfield Weston Foundation](https://garfieldweston.org/apply-to-us/grant-guidelines/)  **Community Garden awards – The National Garden Scheme**  This scheme provides grants of £500 to £5,000 for the creation of a garden or a similar project (such as an allotment) with horticultural focus for the benefit of the local community.  Community groups, either a charity or Community Interest Company (CIC), can apply and each application must itemise the details of the costs they are planning to cover.  Eligible costs could include, for example, site preparation (including hire of small mechanical tools such as rotavators), hand tools, plants, trees, shrubs, containers and seating.  Applications will be accepted until 31 January 2023.  [**Community Garden Grants - National Garden Scheme (ngs.org.uk)**](https://ngs.org.uk/who-we-are/community-garden-grants/)  Project Cost and Core Cost grants – BBC Children in Need  Children in Need often have several funding programmes open at any one time. These include:   * Project Costs grants – support the aims and delivery of a specific piece of work. This work will usually be time-limited and based on a defined set of activities. * Core Costs grants – can be spent on an organisation’s central running and operational costs.   Charities and not-for-profit organisations can apply for these grants for up to three years. They aim to give quicker decisions for grants of £15,000 or less per year. There is no application deadline.  [Apply For A Grant - BBC Children in Need](https://www.bbcchildreninneed.co.uk/grants/apply/)  **Defibrillator grants – London Hearts**  Grants are available to fund Public Access Defibrillators in communities all over the country.  London Hearts is a charity aiming to help and support communities with the provision of heart defibrillators and teaching CPR/defibrillator skills. They can provide a grant of £300 towards the cost of a defibrillator and storage as well as a free online training video.  When someone has a cardiac arrest, timely intervention is the key to survival. By making more defibrillators available, and by training more people to use them, the better the chance of survival for a cardiac arrest victim.  [**London Hearts**](https://londonhearts.org/)  Biffa Award – Main Grant Scheme  Biffa Award’s Main Grants Scheme is aimed at community and cultural groups and organisations, situated in the vicinity of landfill sites, that are in need of funding to improve the quality of life in their community or to conserve wildlife.  There are four themes - Community Buildings, Recreation, Cultural Facilities and Rebuilding Biodiversity. Under these themes we provide funding to create or improve community amenities. For example, upgrading kitchens, meeting rooms and toilets in village halls and community facilities; creating new playparks; installing new seating, lighting and exhibitions within theatres and museums; or establishing, protecting and enhancing habitats for biodiversity.  Between £10,000 and £75,000 can be awarded to projects that have a total cost of less than £200,000 including VAT.  Project sites must be within 5 miles of a significant Biffa Operation or active Biffa Landfill Site (15 miles for Rebuilding Biodiversity projects) and within 10 miles of  any licenced landfill site in England and Northern Ireland.  This is a rolling programme and as such there are no deadlines to submit an Expression of Interest in the Main Grants Scheme.  [Home Page - Biffa Award (biffa-award.org)](https://www.biffa-award.org/)   * Conserve, restore and protect indigenous trees and woodlands, forests, habitats and associated biodiversity * Support community engagement in tree planting to promote reforestation and to increase awareness of the importance of trees and forests to environmental and human well-being * Encourage social cohesion and inclusion   There are two tiers of funding available:   * Small scale: A maximum of £1,000 is available for projects of up to 1 year induration. This could be small community woodland, orchards, hedging projects, etc.  **[UNFU Mutual Charitable Trust grants](https://www.internationaltreefoundation.org/uk-grants" \t "_blank)** [The Trust focuses on providing funding to larger initiatives, which would have a significant impact on the rural community. The Trustees are particularly interested in initiatives in the areas of education of young people in rural areas and relief of poverty within rural areas.](https://www.internationaltreefoundation.org/uk-grants" \t "_blank)  [The Trustees meet twice a year to consider applications received. These meetings are currently held in June and November.](https://www.internationaltreefoundation.org/uk-grants" \t "_blank)  [The deadline for applications for the June 2023 will be published in due course.](https://www.internationaltreefoundation.org/uk-grants" \t "_blank)  [[Applications for Funding | Charitable Trust | NFU Mutual](https://www.internationaltreefoundation.org/uk-grants" \t "_blank)](https://www.nfumutual.co.uk/about-us/charitable-trust/applications-for-funding/)  [K Community Tree Planting Grants — International Tree Foundation](https://www.internationaltreefoundation.org/uk-grants" \t "_blank)  **Masonic Charitable Foundation**  The Foundation now has rolling grant programmes with no deadlines as follows:   * Children and young people: This programme is open to national and local charities helping disadvantaged children and young people to overcome the challenges they face. Small grants are for charities whose annual income does not exceed £500,000. These grants are unrestricted. Small grants range from £1,000-£5,000 per year, for up to three years.   Large grants are for larger charities whose annual income exceeds £500,000. They must be restricted to a project. Large grants usually range from £10,000 to £60,000. They can be awarded over one to three years.   * Later life: This programme is open to local and national charities that are working to reduce loneliness and isolation in later life. Small grants are for smaller charities whose annual income does not exceed £500,000. They are to fund overhead costs. Small grants range from £1,000-£5,000 per year, for up to three years.   Large grants are for larger charities whose annual income exceeds £500,000. They must be restricted to a project. Large grants usually range from £10,000 to £60,000. They can be awarded over one to three years.  [Grants to charities - The Masonic Charitable Foundation (mcf.org.uk)](https://mcf.org.uk/get-support/grants-to-charities/)  **Queen's Platinum Jubilee Activity Fund – Sport England**  This Fund aims to use sport and physical activity as a means of bringing a community together and tackling inequalities via awards of between £300 and £10,000 from a pot of £5 million of National Lottery funding.  Sport England want organisations to consider how they could work more collaboratively across their community, in order to make the biggest possible impact. The priority is to support projects working with people in disadvantaged communities.  Awards are to help inactive people get active, or less active people become more active.  [Queen's Platinum Jubilee Activity Fund | Sport England](https://www.sportengland.org/how-we-can-help/our-funds/queens-platinum-jubilee-activity-fund)  Veterans’ Foundation grants  If you represent a charity or an organisation that provide assistance to serving and former members of the British Armed Forces who are in need, you can apply for a grant from the Veterans' Foundation. Grants are also available to operationally qualified seafarers and their dependants.  [Apply for a grant | Veterans' Foundation (veteransfoundation.org.uk)](https://www.veteransfoundation.org.uk/apply-for-a-grant/)  Landfill Communities Fund – SUEZ Communities Trust  SUEZ Communities Trust (formerly SITA) provides funding awards of up to £50,000 to not-for-profit organisations to undertake work that is eligible under the Landfill Communities Fund (LCF). Applications are considered for three areas of work which qualify for funding through the LCF. These include:   * Public Amenities * Historic Buildings, Structures or Sites * Biodiversity   Projects can be supported that make physical improvements at sites located in any of 100 funding zones around qualifying sites owned by SUEZ Recycling and Recovery UK.  [http://**www**.suezcommunitiestrust.org.uk/](http://www.suezcommunitiestrust.org.uk/)  **Training**  **Training News**  **Fraud & Cyber Awareness**  **Training at Voluntary Action North Lincolnshire**  January 26 @ 10:00 am – 11:00 am Online – Fraud & Cyber Awareness Webinar with Hull CVS **Free webinars offered by NCVO –** **NCVO Membership is free for charities with income of under £30k**<https://www.ncvo.org.uk/get-involved/join/#/> [Graphical user interface  Description automatically generated with low confidence](https://ervas.us17.list-manage.com/track/click?u=fe02115e8d4855126e495bed6&id=3f023b7d2e&e=c4d3e6f5fc)  **Events & Training**  We have a number of events and training courses taking place (you can click the date or time to book a place):  Level 3 Award in Emergency First Aid At Work - [Thursday 19 January at 9:30 am](https://ervas.us17.list-manage.com/track/click?u=fe02115e8d4855126e495bed6&id=7d7e2a3bbe&e=c4d3e6f5fc)  Fraud & Cyber Awareness Webinar with Hull CVS - [Thursday 26 January at 10 am](https://ervas.us17.list-manage.com/track/click?u=fe02115e8d4855126e495bed6&id=c54952f8dd&e=c4d3e6f5fc)  Level 2 Award in the Principles of Fire Safety - [Friday 27 January at 9:30 am](https://ervas.us17.list-manage.com/track/click?u=fe02115e8d4855126e495bed6&id=86a5c6c5c9&e=c4d3e6f5fc)  Free funding webinar - growing your income in 2023 - [Monday 13 February 2 pm](https://ervas.us17.list-manage.com/track/click?u=fe02115e8d4855126e495bed6&id=288d898066&e=c4d3e6f5fc)  Social Media Training - [Tuesday 14 February at 10 am](https://ervas.us17.list-manage.com/track/click?u=fe02115e8d4855126e495bed6&id=20ef098df5&e=c4d3e6f5fc)  Level 3 Award in First Aid at Work (initial) [3 Days] - [Monday 20 February at 9:30 am](https://ervas.us17.list-manage.com/track/click?u=fe02115e8d4855126e495bed6&id=99544e6dff&e=c4d3e6f5fc)  Level 3 Award in Emergency First Aid At Work - [Friday 24 February at 9:30 am](https://ervas.us17.list-manage.com/track/click?u=fe02115e8d4855126e495bed6&id=2086d709ae&e=c4d3e6f5fc)  Fraud & Cyber Awareness Webinar with Hull CVS - [Wednesday 1 March at 1 pm](https://ervas.us17.list-manage.com/track/click?u=fe02115e8d4855126e495bed6&id=8206a6ed4b&e=c4d3e6f5fc)  Level 2 Award in the Principles of Fire Safety - [Monday 6 March at 9:30 am](https://ervas.us17.list-manage.com/track/click?u=fe02115e8d4855126e495bed6&id=4c4f416da8&e=c4d3e6f5fc)  Level 2 Award in Mental Health in the Workplace - [Friday 24 March at 9:30 am](https://ervas.us17.list-manage.com/track/click?u=fe02115e8d4855126e495bed6&id=e2a3934096&e=c4d3e6f5fc)  You can find full details of other community events and training on our dedicated websites:  [View the events calendar](https://ervas.us17.list-manage.com/track/click?u=fe02115e8d4855126e495bed6&id=4e96d2e882&e=c4d3e6f5fc)  [View the training calendar](https://ervas.us17.list-manage.com/track/click?u=fe02115e8d4855126e495bed6&id=fc80ded038&e=c4d3e6f5fc)  You can also view all of our events directly on our Eventbrite page here: [ervas.eventbrite.co.uk](https://ervas.us17.list-manage.com/track/click?u=fe02115e8d4855126e495bed6&id=6f300df526&e=c4d3e6f5fc).  **Articles**   |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | | |  | | --- | |  | | |  | | --- | | A picture containing text  Description automatically generated | | | | | | | | UKMSA joins forces with Wickes to raise awareness of Men’s Sheds | | The UK Men’s Sheds Association is delighted to announce a link up with Wickes, one of the UK’s largest DIY retailers, to help raise the profile of the Men’s Sheds movement.  From 9th January, posters promoting Men’s Sheds will be placed at till points and back of house areas within all of Wickes’ 236 stores to enable customers and staff to find out more about UKMSA and its members. By using a QR code, people will be able to link through directly to the UKMSA website to learn more about the activities on offer and also to find the location of their nearest Shed.  In addition, Wickes will be signing the UKMSA Charter for Wellbeing in Craft & DIY that was launched in 2022 to improve the wellbeing of everyone involved in the sector. Signatories pledge to:   * Connect and look out for each other’s health and overall wellbeing, * Create positive and safe environments for everyone, and * Promote opportunities for people who may need help.   Sonia Astill, Chief People Officer at Wickes, said; “Wickes is always looking at ways to support our fantastic customers by promoting great causes and when approached, we were keen to support the ‘Charter for Wellbeing in Craft and DIY’. Wickes have created an internal culture where our colleagues are encouraged to talk openly, without judgement, about how they are feeling. We recognise that being able to ‘open up’ about one's feelings is a great way to help and that’s why we’re keen to help spread this message.  By promoting UKMSA facilities to our colleagues and customers alike, we hope to continue to challenge stigma and promote open conversation.”  Charlie Bethel, Chief Officer of UKMSA, commented; “We are delighted to be working alongside Wickes to support the wellbeing of their customers and staff. This partnership will provide a tremendous boost to more people finding out about Men’s Sheds and how to access them.  Whether people are wanting to make something for themselves, the community or are just fed up of staring at the same four walls; the Men’s Shed is transformational. They allow people to connect and create and this partnership will enable more people to connect with the 1,000+ Sheds across the UK and hopefully inspire the development of more Sheds in the coming years."  UKMSA plan to support the training of advocates from amongst the staff within Wickes stores who can help to offer advice and guidance on the Men’s Sheds movement to their customers and colleagues. |   **King Charles visits Men in Sheds in Scotland**  See below the link to the article about the Visit  <https://www.thenational.scot/news/national/23246178.king-impressed-plaque-made-mark-visit-community-facility/>  **East Riding of Yorkshire Chairmans Awards**  Nominations for the 2023 East Riding of Yorkshire Council's Chairman's Awards are now open and to ask if you could share this information with your contacts and colleagues in the East Riding of Yorkshire. Here is some more information about the awards:  After a break of two years, nominations are now open for the 2023 East Riding of Yorkshire Council's Chairman's Awards.  The awards, which will be presented by chairman John Whittle at an event in May to recognise people, businesses and projects that have helped improve the East Riding.  There are four award categories:   * community - recognises groups and individuals for the contribution to improving lives of those living in the East Riding with a non-commercial project * built heritage - celebrates private homes, new builds or business premises that have been sympathetically renovated and/or restored * business - recognises businesses that have helped the economy flourish * sport - celebrates local talent and commitment to sports clubs and activities.   In 2020 the winner of the Group award in the Community category went to Hessle Epilepsy Society who for over 30 years had raised funds and awareness of Epilepsy.  The winner of the Individual award in the Community category went to Darren Barker who wanted to clean the Driffield Beck, together with a team of volunteers they met regularly in all weathers to clean the Beck and filled hundreds of bags with rubbish.  Nominees can only be entered for one category and a previous award winner cannot be nominated in the same category for a period of three years but can be entered in another.  Councillor Whittle said: "It's great news that the chairman's awards are back and I am sure there will be many individuals, communities, businesses, building projects and sporting achievements that deserve some recognition for making the East Riding a good place to be."  For more information or to submit a nomination go to [www.eastriding.gov.uk/chairmansawards](https://www.eastriding.gov.uk/chairmansawards) email [chairmans.awards@eastriding.gov.uk](mailto:chairmans.awards@eastriding.gov.uk) or contact Sarah Asquith, civic services manager at East Riding of Yorkshire Council on (01482) 393260 or email [sarah.asquith@eastriding.gov.uk](mailto:sarah.asquith@eastriding.gov.uk)  Closing date for nominations is Tuesday, 31 January 2023.  What is Solar Together?  Solar Together is a unique group-buying scheme for solar photovoltaic (PV) panels and battery storage. This scheme will make solar PV and batteries more accessible and more affordable for a great number of people.  With a group-buying scheme, it becomes easier to buy your solar PV system and battery storage. And by buying together, you gain a competitive price. iChoosr is the owner of Solar together and a group-buying specialist in this field, who cooperates with participating local authorities to deliver the scheme.  Local authorities work together with iChoosr to promote Solar Together in your area. We want to help residents to get a solar PV system installed on their homes and perhaps battery storage, at an affordable price and help local authorities reach their carbon reduction targets.  We group residents from across the country to increase our bargaining power, and to ensure you get the most competitive offer from our pre-vetted installers. Our dedicated helpdesk is on hand to handle all your enquiries via our online contact form, over the phone and social media.  <https://solartogether.co.uk/info/about-us>  What is Collective Energy Switching?  Collective Energy Switching means you benefit from the bargaining power of a large group. Once you have registered, we hold an energy auction when suppliers compete for the opportunity to offer you the lowest energy tariff. There’s no need to compare different tariffs as you’ll receive a personal offer. And what about the switch? We’ll handle that all for you. It’s hassle-free and the only thing you’ll notice is a lower energy bill. Find out more about [How does collective energy switching work?](https://bigcommunityswitch.co.uk/info/how-does-it-work)  Big Community Switch logo X  What is Big Community Switch?  Big Community Switch is the larger energy switching community that {{community}} is part of. iChoosr is the owner of Big Community Switch and a group-buying specialist in this field, who cooperates with participating local authorities to deliver the scheme.  We group residents from across the country to increase our bargaining power and to ensure you get the most competitive offer from our pre-vetted suppliers. Our dedicated helpdesk is on hand to handle all your enquiries via our online contact form, over the phone and social media. Big Community Switch is owned by iChoosr.  <https://bigcommunityswitch.co.uk/info/about-us>   |  | | --- | | Logo  Description automatically generated with medium confidence | | Christmas Craftsmanship ideas for next year. | | Christmas creations from in the Shed… | | We know you’re a talented bunch, and we’re even more sure of it now. We look forward to all the amazing makes you have in store for 2023. | | |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | |  | | --- | | A picture containing text  Description automatically generated | | From [Dalbeattie Shed](https://dalbeattiemensshed.co.uk/), Colin Marr's response to a challenge to make a Christmas card out of wood. Colin is a full time carer for his wife with advanced dementia who can only visit the Shed for short periods when our opening time coincides with one of his wife's sleepy/calm periods - they cannot get respite provision. Colin cut the veneers out of exotic timber the Shed has collected/scrounged/skip surfed over the years. | | |  | | --- | |  | | This beautiful carving is a Christmas gift carved by Ivan Nikitin of [Dalbeattie Shed](https://dalbeattiemensshed.co.uk/), a Ukrainian refugee member. Ivan carved this squirrel as a gift for Rolf Buwert who ferries Ivan to/from the Shed. | | | | | | | | |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | |  | | --- | | A picture containing ground, wooden, stone  Description automatically generated | | Gary’s beautiful turned Christmas Trees from [GatewaySHED](https://www.facebook.com/gatewayshed/" \t "_blank). | | |  | | --- | | A picture containing table, indoor, floor, wooden  Description automatically generated | | [Sherwood Men’s Shed’s](https://www.facebook.com/kettlesalwayson/) lovely bandsaw reindeer. There’s a [YouTube guide how to make them here](https://www.youtube.com/watch?fbclid=IwAR3lew0FGIR6kpk4fG4NsFm_VF9q30DTCmG_9DPSsJtAlJiThuM3Dphu8sM&v=W335wRyLLiY&feature=youtu.be), and Sherwood Men’s Shed have uploaded a template to our [Facebook group files](https://www.facebook.com/groups/575243759890248/permalink/1323913701689913) if you’re a member. | | | | | | | | |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | | |  | | --- | | A picture containing floor, indoor, several  Description automatically generated | | |  | | --- | | A picture containing indoor, wooden, wood  Description automatically generated | | | | | | | | A sleigh of Santas (yes, that is the collective noun for them!) and some beautiful bookends from oak offcuts brought in to [Amersham Men’s Shed](https://www.facebook.com/AmershamMensShed/) as sawn triangles which were planed up and a tree added with pyrography. | | …and out in your Communities | | [Church Crookham and Fleet Men’s Shed](https://www.ccandfmensshed.org.uk/) who built this amazing Santa Express which they’re using to help raise funds for three local charities. | | |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | | |  | | --- | | A toy train on a shelf  Description automatically generated with low confidence | | |  | | --- | |  | | | | | | | | [Dalbeattie Men’s Shed](https://dalbeattiemensshed.co.uk/) who built a project for Palnackie Primary School. The school received a bequest for an ex seafarer who lived in the Town - to be spent on play equipment. The ten pupils decided they would like a playground play boat and their head teacher asked if Dalbeattie Men's Shed could design, build and deliver a colourful play-boat with the bequest before Christmas. The project was headed, and largely built, by Mike Sandes. It was delivered on Thursday 15th December and 8 of the 10 pupils (two were off sick) plus the school staff were delighted. Incidentally the paint job is Garden Paint donated by Ronseal - thanks David Meli! | | |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | | |  | | --- | | A picture containing outdoor, tree, ground, building  Description automatically generated | | |  | | --- | | A collage of people  Description automatically generated with low confidence | | | | | | | | Have you got a unique or unusual creation or craft to share? You can email a good quality photo and a few words about it to [newsletter@ukmsa.org.uk](mailto:newsletter@ukmsa.org.uk?subject=null&body=null) so we can share in a future edition of Shoulder to Shoulder. | | A warm welcome from Pontypridd Men’s Shed / Mens Shed Ynysybwl | | All across the UK voluntary Community Groups and organisations including Men's Sheds are answering the call in order to help set up a network of winter wellbeing spaces that can support people, providing not just warmth but a warm welcome and a place for coming together.   The cost-of-living crisis has seen a rise in inflation caused by a multitude of factors which has led to food and energy prices soaring out of control.  The fear for all concerned is that people just will not be able to either provide and heat a warm meal or be able to heat their home sufficiently this coming winter. Plus due to cutbacks in council services over the last decade have led to diminishing resources. That is why local councils in England & Wales have been offering winter hardship grants in order to help various charities, churches, community groups and organisations to set up Winter Welcome Centres.  **Pontypridd Men's Shed: Winter Welcome Centre**  [Pontypridd Men's Shed](https://www.facebook.com/mensshedynysybwl/), in partnership with R.C.T.B.C (Rhondda Cynon Taff Borough Council) who have offered a Winter hardship grant of £2,000, plus Pontypridd Town Council who offered to pay our hire and heating costs for the duration of the project is opening up as a Winter Welcome Centre.  The idea is to open up our community centre every Monday from January 9th till the end of March 2023 (12 weeks). Our community centre where we are based is in an area known as Treforest, which is known locally as the student hub of Pontypridd due to the siting of South Wales University campus in the village - so we are expecting to cater for a lot of cold, hungry students and young families during the new[year.](https://menssheds.org.uk/2022/12/20/pontypridd-mens-sheds-warm-welcome/)  [Find out more about how they’re offering a Warm Space this winter here.](https://menssheds.org.uk/2022/12/20/pontypridd-mens-sheds-warm-welcome/) | | |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | | |  | | --- | | If you’re looking for a warm space to find a warm welcome, you can search those registered at [www.warmwelcome.uk](https://www.warmwelcome.uk/) | | |  | | --- | | A picture containing shape  Description automatically generated | | | | | | | | |  | | --- | |  | | |  | | [Text  Description automatically generated with medium confidence](https://www.zurich.co.uk/news-and-insight/organisational-resilience-and-the-cost-of-living-crisis?WT.mc_id=affiliate_ukmsa_cso_cost-of-living&utm_source=ukmsa&utm_medium=affiliate&utm_campaign=cso&utm_content=cost-of-living) | | |  | | --- | |  | | | |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | | |  | | --- | | An Ambassador Abroad UKMSA Ambassador Colin Porter found himself ‘down under’ for a wedding earlier this year, and was curious to find out more from where Men’s Sheds are credited from starting. | | |  | | --- | | A picture containing text, indoor, cluttered, worktable  Description automatically generated | | | | | | | | |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | | |  | | --- | | A picture containing text, indoor, person, window  Description automatically generated | | |  | | --- | | “As Chairman of our local [*Men’s Shed in Torrington*](https://www.facebook.com/groups/168851578584323), I wanted to visit a Shed in Oz and check it out. Only a few minutes away from Wamberal is a [*Men’s Shed in Erina*](https://www.erinabap.org.au/mens-shed), so after we had recovered from the wedding, I made my way down there on a Tuesday morning.”  [Follow this link to hear more about his visit to Erin Men’s Shed.](https://menssheds.org.uk/2022/12/17/an-ambassador-abroad/) | | | | | | | | |  | | --- | |  | | | Congratulations to our Quiz Winners! | | Congratulations to [Chippenham Men’s Shed](https://chippenhammensshed.com/), who won themselves a £75 [Axminster Tools voucher](https://www.axminstertools.com/) for their Shed coming first, and [The Silvers’ Workshop](https://thesilversworkshop.org.uk/) who managed to win second and third prizes of Axminster vouchers for their Shed too. Thanks for all who joined us on Zoom, and bared with us while we were hit by ‘bots, and a big thank you to Axminster for their generous prizes. | | [Join Together TV's DIY Challenge](https://www.youtube.com/watch?v=OMoLd3b--Pg) | | UK Men’s’ Sheds Association has partnered with [Together TV](http://www.togethertv.com/) for the [DIY Challenge](https://www.togethertv.com/diy-challenge?utm_source=ukmsa&utm_medium=referral&utm_campaign=diychallenge) with DIY TV host Dave Wellman. It's a challenge that will boost wellbeing, teach you DIY tips and has some great prizes up for grabs.  What's the challenge? To build three projects over nine weeks and share your end masterpieces to enter prize draws for personalised tools and more! Dave Wellman from New Home DIY has filmed exclusive video tutorials in Camden Town's Shed on how to build each project and he shares some great trades tips from his 35+ years of experience.  Sheds across the UK will open their doors to participants who need a helping hand finding tools or resources and hopefully will welcome new shedders. Everyone is welcome to join the challenge because the projects can be personalised to your liking, even making them perfect on-a-budget Christmas gifts for loved ones.  Participants of Together TV's previous challenges have said:  James O, Motherwell "It was good organising a project for my five grandchildren and seeing it through"  Sanaa A, Manchester "I now plan outdoor activities and it keeps me relaxed and it feels really good"  Interested in doing it yourself or with family? Or know someone who would be up for the challenge? Do the DIY Challenge by signing up using the link below and [read more about Together TV](https://menssheds.org.uk/2022/11/07/together-tv-returns-to-full-freeview-to-celebrate-a-new-free-diy-challenge-to-support-mental-health/)on our website, there’s still time to get involved. | | |  | | --- | | [Sign up now](https://www.togethertv.com/diy-challenge) | | | |  | | --- | |  | | | |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | | |  | | --- | | A person reading a newspaper  Description automatically generated | | |  | | --- | | Sheds in the News Here are some of the latest stories about Sheds and Shedding from across the globe we've seen this month...   * [Digging in: the deprived Bristol area that’s learning to help itself](https://www.theguardian.com/society/2022/dec/18/bristol-lawrence-weston-guardian-observer-charity-appeal-2022) * [Cramlington father and son duo open community Man Shed to help with mental health](https://www.chroniclelive.co.uk/news/north-east-news/cramlington-man-shed-mental-health-22636683) * [Men's Shed coming to Bedwas Workmen's Hall in mental health initiative](https://caerphilly.observer/news/1009023/mens-shed-coming-to-bedwas-workmens-hall-in-mental-health-initiative/) * [North Walsham Men's Shed searching for a new home - can you help?](https://www.edp24.co.uk/news/health/20714718.search-shed-launched-mental-health-need-soars/) | | | | | | | | |  | | --- | |  | | |  | | Don’t forget to share your news stories with us. Email the team at [newsletter@ukmsa.org.uk](mailto:newsletter@ukmsa.org.uk) so we can share your news. | |

**Appeals**

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| **Health and wellbeing Questionnaire**  We are emailing you to ask if you could please complete a short questionnaire on Health & Wellbeing in your Shed. The link to the survey is below. It should take less than ten minutes to complete. |
| |  | | --- | | [Complete the survey](https://menssheds.us19.list-manage.com/track/click?u=480e179c0e626f9dd902e15bf&id=691bd71591&e=23ed7ee483) | |
| The survey is intended to gather information from Sheds to prioritise the work of the Health & Wellbeing group to concentrate on the matters that give most Sheds concerns.  The Health and Wellbeing Advisory Group are a group of volunteer Ambassadors who are working on the UKMSA Health and Wellbeing strategy.  The survey will close on the 13th February 2023. The results will be made available in March 2023.  If you have any questions on this, or feedback on the survey, please contact Patrick Abrahams ([Patrick.abrahams@ukmsa.org.uk](mailto:patrick.abrahams@ukmsa.org.uk?subject=Health%20and%20Wellbeing%20Survey%20Query&body=null))  If the link above does not take you directly to the survey copy and paste the address following into your browser - [bit.ly/HAWAGSURVEY](https://menssheds.us19.list-manage.com/track/click?u=480e179c0e626f9dd902e15bf&id=926b44a49d&e=23ed7ee483)  Best Wishes to all your Shedders,  Charlie Bethel |

**Shed on the Isle Donation request.**

One of our new Sheds ‘Shed on the Isle’ are asking for help with the following items. If you have anything they may need please get in touch with them on the below contact details, any help is greatly appreciated.

**Timeline

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| **Get in touch**  If you have any articles or information you would like to go into the newsletter or on the Humber Men in Sheds Alliance website, please send these to [carole.johnson@hwrcc.org.uk](mailto:carole.johnson@hwrcc.org.uk) or [kerry.chenery@hwrcc.org.uk](mailto:kerry.chenery@hwrcc.org.uk)  Do not forget  there are useful resources news & information  for you to use in the members area of the Humber Men in Sheds Alliance website  [www.meninshedshumber.co.uk](http://www.meninshedshumber.co.uk/) | |
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Project funded by the Lottery Community Fund

Project delivered by Humber and Wolds Rural delivered by Humber and Wolds Rural Action.

[Grab your reader’s attention with a great quote from the document or use this space to emphasize a key point. To place this text box anywhere on the page, just drag it.]

**Events**

**Humber Men In Sheds Alliance Meeting**

**The Next Humber Men in Sheds Alliance Meeting;**  
  
Date and Time: Tuesday 24 January 23 10-12  
Location: Haltemprice Shed Anlaby Community Care Centre  
First Lane, Anlaby, Hull, HU10 6UE  
  
If you would like to join us via Zoom please see link below  
https://us02web.zoom.us/j/86929723842?pwd=YUZUT2pHV2R2VXFvSW9vaGFkV3V0QT09  
  
Meeting ID: 869 2972 3842 Passcode: 157911  
  
As we have experienced some issues connecting to Zoom at the host shed. If you are intending to join us on Zoom please can you email Carole on; carole.johnson@hwrcc.org.uk